

St Mary's
University
Twickenham
London



Attentiveness of the Heart: Mental Well-Being, Spirituality and Young People

Saturday 12th November 2016
St Mary's University, Twickenham

Guest Speakers include:
Baroness Sheila Hollins
Caroline Bennett
Dr Humphrey James
Dr Rosemary Keenan
Junior Lynch
Dr Trevor Stammers
Dr Fiona Wilson

Are you a young person, chaplain, minister, counsellor, teacher or mental health professional? Are you seeking to integrate mental health and spiritual issues? If so this day is for you.

The day will run from 10am to 4pm and will include talks, workshops and plenary forum
Cost £35 including buffet lunch. Concessions available.

For more details and booking contact Barbara Gwyer at inspire@stmarys.ac.uk or see www.stmarys.ac.uk/inspire
Booking online at www.stmarys.ac.uk/news/events/event/attentiveness-of-the-heart-mental-well-being-spirituality-and-young-people/



Catholic Children's Society (Westminster)
Making A Difference

In collaboration with
the Catholic Bishops' of England and Wales
Mental Health Project and
the Catholic Children's Society