



'Times of Challenge and Distress – God is with us'

A Residential Retreat for those involved in mental health pastoral care

12.30pm Tuesday July 18 – 2pm Thursday July 20, 2017

Douai Abbey

Upper Woolhampton, Reading, Berkshire RG7 5TQ

Tel: 0118 971 5300

This Residential Retreat is to be led by Bishop Richard Moth, the lead Bishop for Mental Health, and is for those involved in Mental Health Chaplaincy and Pastoral Care. You are warmly invited to meet at Douai Abbey at 12.30 for lunch on July 18, 2017 and to be resident for two days leaving after lunch on the second day. Retreat participants are welcome to join in the prayer life of the monks.

Douai Abbey is home to a community of monks of the English Benedictine Congregation situated in the Royal County of Berkshire. It is frequently said that Douai offers an environment and atmosphere of peace and serenity, where the cares of daily life can be left behind. For more details about the community and directions to the Abbey please visit www.douaiabbey.org.uk

Costs: There are only 20 places available and they will be allocated on a first come basis. The retreat will cost £65 (subsidised cost) which is to be paid to the Guestmaster during your Retreat. If you wish to pay by cheque please make it payable to Douai Abbey.

Who is this Retreat for? This is for all those involved in mental health pastoral care: Including those from chaplaincy, religious orders, the Bishops' Conference Mental Health Projects, service user and carer representatives and Catholic communities.

Catholic Trust for England and Wales
39 Eccleston Square
London SW1V 1BX

www.catholicmentalhealthproject.org.uk

Company number 4734592 Registered charity number 1097482

To book onto the Catholic Bishops' Mental Health Retreat

July 18 – 20, 2017

Please act quickly

Please return the following details by email to gail.sainsbury@cbcew.org.uk

Name	
Telephone	
Email	
Please indicate your dietary requirements: vegetarian no fish vegetarian with fish vegan gluten-free dairy-free nut allergy If you eat no red meat then please select 'vegetarian with fish' diet. The staff at Douai endeavour to do their best to meet such needs, but it is usually possible to select what is suitable from the meal on the day. Guests with very particular dietary needs are advised to bring their own food. If in doubt, the Guestmaster can advise you. guestmaster@douaiabbey.org.uk or Tel : 0118 971 5399	
Please indicate if you have walking difficulties. Some of the rooms are only accessible by stairs.	

To reserve your place at the Catholic Bishops' Mental Health Retreat
please contact Gail Sainsbury by email at gail.sainsbury@cbcew.org.uk

Thank you.